W.R.D.S.B. EDUCATIONAL ASSISTANTS ASSOCIATION

eUpdate

The Latest Information to Keep YOU Informed

~The Personal and EAA present~

A Virtual Evening of Professional Development

25 YRS! Social Thinking

Understanding Emotions and Strategies to Develop Self-Regulation

When what a student says or does (actions or reactions) is out of sync with what the group is doing, they're often labeled as a "behavior problem." We'll rethink "behavior problems" by exploring strategies that promote development of social competencies. We will discuss how to use Social Thinking Vocabulary and other tools to better understand one's thoughts and feelings to self-regulate throughout the day.

Participants will be able to:
Describe the important role emotions play in helping students develop self-regulation
Describe two evidence-based strategies to encourage awareness of one's own feelings and manage stress

Wednesday, February 22, 2023
6:30 - 8:00pm
**Register and be entered into a draw for one of three $100 gift cards

thePersonal

*Must register by 2/21/23 to be entered in the draw. Must be present to claim prize

Register Here For The Zoom Link

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