Educational Assistants Association

# PD Day Updates

The November 1, 2024 PD Day is fast approaching and we are thrilled to be back in person!
Wear your **EAA spirit wear** and enjoy morning coffee, tea, and snacks while connecting with colleagues in the morning. Then sit back and listen to the Buddy Choir, engaging presentations, and get your questions answered at the info hub located in the lobby. There are lots of amazing prizes to be won too!

**Please consider carpooling to the event




As we get closer to the November 1st PD day

---

## More information about the presentations

Val Vanderwyk, WHSC, and Lynn Wilson, EAA Health and Safety Officer, will share the results of the Stress

about ways to address them.

---

Leah Martin and Phyliss Peprah from the WRDSB Human Rights Branch, will incorporate self-reflection and a review of fundamental human rights principles. They will discuss opportunities for staff to incorporate these principles into their work with students and in interaction with colleagues. They will also explore the protective anchors that sustain staff within the challenges of the vitally important work they do.

---

Angela Stahlbaum of WCSWR, and Laura Parker, EAA CYW Rep, will explore the signs that may indicate that young people are experiencing or witnessing abuse as well as ways we can support them and their families. They will discuss the resources that are available in the community and how to connect families with them. They will then focus on how, as staff, we can support ourselves and each other while supporting these students and families.

---

We welcome back Rossana Sabalones, MSW, RSW from Camino. Rossana will guide a discussion about moving beyond our conventional understanding of self care and identifying the

practicing it.



Our keynote speaker Jessica Holmes is a comedian and author who strives to help end the stigma around mental illness. Her inspiring funny, and energetic talk, "Bring on the Joy! Building Resilience and Engagement in Times of Change", encourages positive mental health and reengages your sense of purpose.




**Cedar Rose Homes**
**Forest of Flowers**
**Carefree IT**
**Livewell Health and Physio**
**The Personal**

**Sam Marino**
**George Turoczi**
**Colleen Dietrich**
**Sisson**
**Bingemans**
**Jessica Holmes**

Questions?
office@wrdsbeaa.com

*Copyright © 2023 Educational Assistants Association, All rights reserved.*

**Our mailing address is:**
1023 Rife Rd. Unit A
Cambridge ON N1R 5S3

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.

*Copyright © 2024 Educational Assistants Association, All rights reserved.*

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.

