Educational Assistants Association

E-Blast



The EAA Constitution Committee
invites you to our Constitution Amendment Meeting

Please note that this meeting is in-person and you must have valid identification

Date: Thursday November 14, 2024
Sign in starts at 6:30pm. Start Time: 7:00pm

Location: Waterloo Regional Police Association and Recreation Centre
1128 Rife Road, North Dumfries

Please reach out to earep@wrdsbeaa.com with any questions regarding the meeting.

The EAA Constitution Committee

Canadian Blood Services
BLOOD PLASMA STEM CELLS ORGANS & TISSUES

The Educational Assistants Association has partnered with Canadian Blood Services, a collaboration aimed at saving lives and making a meaningful impact on patients across Canada.

Join our team on **December 3rd, 2024**: time slots every half hour between 3:00-7:00 pm

If you sign up to give blood and show up, you will be entered into a draw for a great prize!

Canadian Blood Services - KW
94 Bridgeport Road E Waterloo

Click here to join our team!

Tips to improve your donation experience

- In the hours before you donate, have something to eat but avoid fatty or fried foods.
- Drink at least 500 ml of water and eat a salty snack just before donating.
- Continue to drink plenty of fluids such as water or juice throughout the rest of your day.
- Leave the bandage on for at least 1 hour, then remove the bandage and wash the donation area with soap and water to prevent a rash.
- Avoid strenuous activity for six to eight hours and heavy lifting for 24 hours after donating.

Questions?
office@wrdsbeaa.com
519-624-1221
website: www.wrdsbeaa.com

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Our mailing address is:
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