



E-Blast



We're excited to let you know that there's a radio ad for EA and CYW Appreciation Day airing all week on 96.7CHYM and Country 106.7 stations!

[Listen Here](#)



You are invited to register for an upcoming professional learning opportunity:

Psychosocial Hazards and Workplace Mental Health



February 11



6:00–9:00 PM



Virtual session

This program provides a **basic understanding of psychosocial work hazards** and how they may impact workers' mental health. Participants will explore the **health effects associated with psychosocial hazards** and examine a range of workplace factors, including job demands and job control, worker engagement, and civility and respect.

As part of this session, we will also **review our Board policies, the Collective Agreement, the Employment Standards Act, and other relevant legislation** as they relate to psychosocial hazards and workplace mental health.

- Policies and programs
- Physical and cognitive demands analysis
- Workplace surveys

The session concludes with a discussion on **preventative and protective measures** that support a safer and healthier workplace. Video clips and case studies will be used to engage participants and support learning, including gaining a **basic understanding of the accommodation process**.

Important participation requirements:

- This is a **virtual session** and your **camera must be on** for the duration
- Participation is **limited to 15 participants**
- You must have a **working device and reliable internet connection**
- **No technical support** will be available during the session

Training **materials will be sent to your school/work location**

- **If you do not have a work location, materials must be picked up from the EAA office**

A **confirmation email and virtual meeting link** will be sent once your registration has been reviewed and confirmed.

If you are able to attend and meet the requirements, please complete the registration form at the link below:



[Register here](#)



With support from PLEXUS and funding provided by Health Nexus, we are pleased to announce that Starling Community Services will be offering a support group for Adolescents with FASD.

Waterloo Region - FASD Support Group for Adolescents (12-17 years old):

- 6-week session (February-March 2026)
- Thursday evenings 6:30-7:30pm
- Virtual and in-person hybrid format
- Co-facilitated by adolescents with lived experience and a Service Coordinator
- Max capacity: 10 adolescents (age 12-17 years old)



Workshop: Incident Reports 101

Join us to learn how to complete incident reports and why are they important in the future.

This workshop will be held **in person**.

When: February 17th, 2026

Time: 6:30 PM - 8:30 PM

Location: Details to follow.



Reminders

Kindly register on the [EAA website](#). This platform has been specifically designed for WRDSB Educational Assistants and Child and Youth Workers. Here, you will find essential information that pertains directly to your role, conveniently located in one location.

Stay in the know, get involved in your union, build solidarity in your school! **Become a Key!**

[Key sign up form](#)

Please file your incident reports — they are very important for keeping our workplaces safe.

Important Reminder: Update Your Contact Information
at <https://ess.wrdsb.ca>

Select “Personal” menu

Choose “Profile”

Open the “Address and Contact” tab

Use the Edit button to update your contact information



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EDUCATIONAL ASSISTANTS ASSOCIATION

1023 Rife Rd. Unit A
Cambridge ON N1R 5S3
519-624-1221

office@wrdsbeaa.com

website:www.wrdsbeaa.com

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